



Queensland University of Technology
Brisbane Australia

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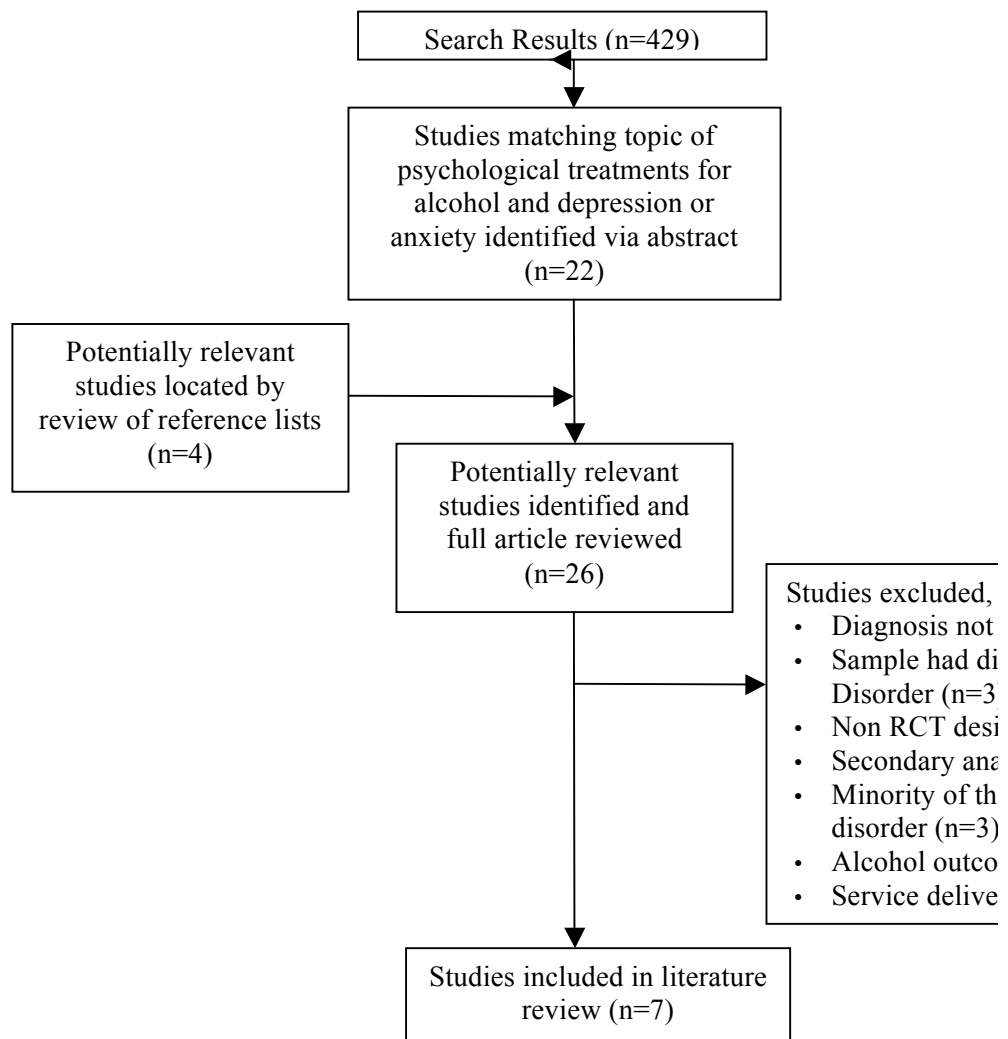


Figure 1. Study selection process including reasons for exclusion

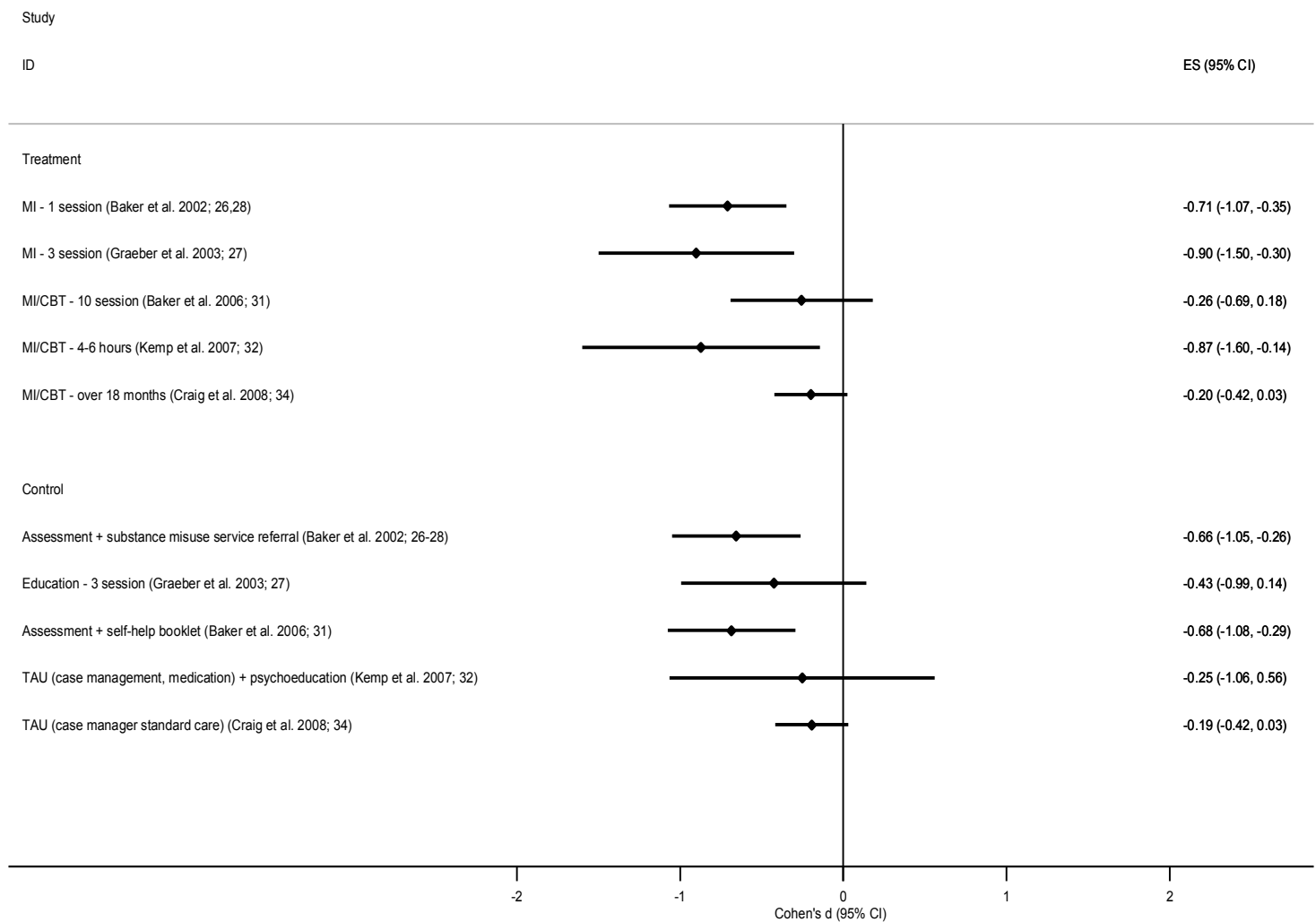


Figure 2. Effect sizes (ES, Cohen's *d*, 95% CI) of the change in units of alcohol per day/week in the previous month from baseline to the first follow-up point. Negative effect sizes represent a reduction in alcohol units. CBT cognitive-behavioral therapy; MI motivational interview; TAU treatment as usual.